

Nicole Ruggiano, PhD, MSW
APSA Health and Aging Policy Congressional Fellow
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EDUCATION

Ph.D., Urban Affairs and Public Policy **May 2008**
University of Delaware, Newark, DE
Dissertation: Intergenerational Service Delivery in the Formal Care Industry: A Case Study

M.S.W., Social Work **May 2004**
Temple University, Philadelphia, PA
Thesis: U.S. Social Policy and Discrimination against Women Due to Caregiving Status

B.A., Psychology **May 2000**
University of Delaware, Newark, DE

RESEARCH INTERESTS

Health Information Technology
Dementia Care and Caregiving
Health Policy
Rural Health Care
Health Self-management and Decision Making
Health and Disability Support Services for Chronic Conditions

ACADEMIC APPOINTMENTS

2018 – Present Interim Director, Doctor of Social Work (DSW) Program, School of Social Work, University of Alabama, Tuscaloosa, AL.

2018 – Present Adjunct Associate Professor, Department of Neurology, School of Medicine, University of Alabama at Birmingham (UAB)

2016 – Present Associate Professor, School of Social Work, University of Alabama, Tuscaloosa, AL

2015-2016 Associate Professor, Robert Stempel College of Public Health and Social Work, School of Social Work, Florida International University, Miami, FL.

2009-2015 Assistant Professor, Robert Stempel College of Public Health and Social Work, School of Social Work, Florida International University, Miami, FL.

2007-2009 Instructor, Leadership Program, School of Urban Affairs and Public Policy, College of Health, Education, and Public Policy, University of Delaware, Newark, DE.

2008 Instructor, Women’s Studies Program, College of Arts and Science, University of Delaware, Newark, DE.

2007 Instructor, School of Social Work, Delaware State University, Dover, DE.

FUNDED RESEARCH ACTIVITIES

- 9/2018 – 9/2020** **Examining the Clinical Workflow and Outcomes of Integrating Health Information Technology to Educate and Support Dementia Caregivers.** (Primary Investigator). This study integrates a multi-functional health information technology into clinical care at two memory clinics (Alabama, South Florida) and examines effects on clinical/shared decision making and caregiver outcomes. Total Award: \$299,999. Funding Source: Agency on Healthcare Research and Quality (AHRQ; Grant number 1R21HS026571-01).
- 5/2018-4/2020** **Using Social Media to Increase Access to Dementia Support Groups for Caregivers in the Deep South.** (Primary Investigator) This study examines the feasibility of implementing virtual dementia caregiver support groups using private Facebook groups as a platform. The project aims to increase access to caregiver support groups for caregivers in rural communities in Alabama. Total Award: \$8,985. Funding source: University of Alabama Research Grants Committee Award and the School of Social Work.
- 4/2017 – Present** **Extending Health Information Technology to Dementia Caregivers in the Deep South.** (Primary Investigator) Conduct alpha testing of a Health Information Technology designed for dementia care (*CareHeroes* web and Smartphone app) with dementia caregivers in urban and rural communities across Alabama. Funding source: University of Alabama Internal Funding.
- 1/2016 – 12/2016** **Expansion of Health Information Technology for Hispanic Dementia Caregivers** (Co-Director). Co-direct a project that involves graduate social work and nursing students translating *CareHeroes*, a Health Information Technology for dementia caregivers into Spanish and creating bilingual educational videos for English and Spanish-speaking dementia caregivers. Funded by the John A. Hartford Foundation's Change AGent Award Program. Total Award: \$9,966; Additional \$1,500 stipend offered in December 2016.
- 9/2014-8/2015** **Home Care Continuation Dashboard: A Pilot Project.** (Co-Investigator, Primary Investigator: Ellen Brown EdD, MS, RN, FAAN). Intervention study to pilot *CareHeroes*, a multi-functional health information technology for dementia caregivers. Institute on Aging and Health Appropriation/Florida Department of Health. Total Award: \$142,600
- 9/2014-8/2015** **Self-direction among Older Adults with Chronic Conditions** (Renewed Award, Primary Investigator). Clinical Research Loan Repayment Program, National Institutes of Health (The award consists of a contractual agreement to engage in clinical health research in return for student loan repayment). Total Award: \$7,873.06
- 9/2012-8/2014** **Self-direction among Older Adults with Chronic Conditions.** (Primary Investigator) Clinical Research Loan Repayment Program, National Institutes

of Health (The award consists of a contractual agreement to engage in clinical health research in return for student loan repayment.). Total Award: \$17,500

9/2011-8/2013 **Self-Management and Decision Making among Older Adults receiving Home and Community-based Long-term Care.** (Primary Investigator. Hartford Faculty Scholar Program, John A. Hartford Foundation and Gerontological Society of America). Qualitative, interview-based investigation with older adults with chronic conditions and geriatric social workers to examine how older adults manage and make decisions about chronic health needs. Total Award: \$100,000.

OTHER RESEARCH ACTIVITIES

8/2013-9/2016 **Looking Forward: Perceptions of Retirement among a Diverse Sample of Baby Boomers in Miami-Dade County.** (Primary Investigator) Community-based participatory research (CBPR) project in partnership with The United Way of Miami-Dade County which involved focus groups with Kreyole-speaking Haitian, Spanish and English-speaking Hispanic, and non-Hispanic white baby boomers about their perspectives of chronic health and retirement.

12/2011-12/2014 **United Way Advocacy Survey (UWAS): Examining Policy Advocacy among Florida Nonprofit Human Service Agencies.** (Primary Investigator, conducted in partnership with the United Way of Florida.) Conducted a statewide survey of United Way partners to examine policy advocacy activities of health and human service providers.

7/2009-8/2009 **Clearinghouse on Abuse and Neglect of the Elderly (CANE).** (Database Manager).

1/2007-4/2008 **Intergenerational Human Service Delivery in the Formal Care Sector: A Case Study** (Primary Investigator). Conducted an in-depth case study that examined the structure and management of a nonprofit human service provider that managed two intergenerational shared site facilities.

12/2007-1/2008 **National Center on Elder Abuse (Researcher).** Conducted focus groups with college students to examine understanding of elder abuse and interest in becoming involved with efforts to combat elder abuse.

5/2006-8/2006 **Forward Together Project** (Researcher). Analyzed data for research project that examined the relationship between nonprofit organizations and contracting government agencies within the state of Delaware.

RELATED PROFESSIONAL EXPERIENCE

10/2015-3/2016 **Academic Professional Development Consultant and Pre-conference Workshop Coordinator,** Urban Affairs Association.

- 6/2008-11/2008** **Policy and Data Analyst: Delaware Governor’s Consortium on Hispanic Affairs.** Assisted in conducting a needs assessment of the Hispanic community in Delaware.
- 9/2008 -1//2009** **Community Development Consultant, Blueprint Communities Project,** Contracted through the Center for Community Research and Service, University of Delaware, Newark, DE.
- 9/2005-5/2006** **Program Development Specialist: Delaware Coalition against Domestic Violence,** Wilmington, DE.
- 8/2004-8/2005** **Program Evaluator: Families and Communities Together (FACT).** Assisted in the evaluation of a statewide community mental health program for children in Delaware.
- 9/2003-5/2004** **Community Organizer,** Kensington Welfare Rights Union, Philadelphia, PA
- 5/2003-8/2003** **Administrative Site Supervisor, Upper Bay Counseling and Support Services (UBCSS)** Elkton, MD
- 9/2002-5/2003** **School Social Work Intern, Clymer Elementary School,** Philadelphia, PA
- 6/2000-8/2002** **Psychiatric Rehabilitation Specialist, UBCSS,** Elkton, MD

PUBLICATIONS AND PRESENTATIONS

Peer Reviewed Articles

- Ruggiano, N.,** Brown, E. L., Li, J., Geldmacher, D., Clark, P., Hristidis, V., & Bertram, J. (in press.). Communicating with providers for dementia care: Perspectives from caregivers and the potential role for information technology. *The Journal of Aging and Social Change*.
- Ruggiano, N.,** Brown, E., Shaw, S., Geldmacher, D., Clarke, P., Hristidis, V., & Bertram, J. (2018). The potential of information technology to navigate caregiving systems: Perspectives from dementia caregivers. *Journal of Gerontological Social Work*, *https://doi.org/10.1080/01634372.2018.1546786*
- Ruggiano, N.,** Brown, E., Li, J., Scaccianoce, M. (2018). Rural caregivers and technology: What is the evidence? *Research in Gerontological Nursing*, *11*, 216-224.
- Ruggiano, N.,** Brown, E., & Fortuna, K. (2018). Adult day service providers: Untapped potential for care coordination. *Nursing & Health Sciences Research Journal*, *1*, 42-48.
- Brown, E., **Ruggiano, N.,** & Meadows, J. (2017). The Caregiver Burden Alert (CBA): A tool for promoting dementia caregiver burden screening and referral. *Home Health Care Management & Practice*, doi: 10.1177/1084822317743476
- Ruggiano, N.,** Schottefer, L., O’Driscoll, J., & Lukic, A. (2017). “Work is like a therapy that prevents aging”: Perceptions of retirement, productivity and health among minorities and immigrants. *Ethnogerontology*. 1-11, <https://doi.org/10.1177/2158244016687234>.

- Brown, E., **Ruggiano, N.**, Li, J., Clarke, P. J., Kay, E. S., & Hristidis, V. (2017). Smartphone-based health technologies for dementia care: Opportunities, challenges, and current practices. *Journal of Applied Gerontology*, doi: 10.1177/0733464817723088
- Ruggiano, N.** & Perry, T. (2017). Conducting Secondary Analysis of Qualitative Data: Should We, Can We, and How? *Qualitative Social Work*, doi:10.1177/1473325017700701
- Ruggiano, N.**, Shtompel, N., Whiteman, K., & Sias, K., (2017). The role of transportation in health self-management among older adults with chronic conditions. *Behavioral Medicine*, 43, 61-70. doi: 10.1080/08964289.2015.1065788.
- Ruggiano, N.**, Lukic, A., Blowers, A., & Doerner, J. (2016). Health self-management among older prisoners: Current understandings and directions for policy, practice, and research. *Journal of Gerontological Social Work*, doi:10.1080/01634372.2016.1257531
- Whiteman, K., **Ruggiano, N.**, Thomlison, B. (2016). Transforming mental health services to address gender disparities in depression risk factors. *Journal of Women and Aging*, doi:10.1080/08952841.2015.1072027.
- Brown, E.L., **Ruggiano, N.**, Page, T.F., Roberts, L., Hristidis, V., Whiteman, K., & Castro, J. (2016) Care Heroes web and Android apps for dementia caregivers: A feasibility study. *Research in Gerontological Nursing*, 9, 193-203.
- Ruggiano, N.**, Fortuna, K., & Shtompel, N. (2016) “If I don’t like the way I feel with a certain drug, I’ll tell them.” Older adults’ experiences with self-determination and health self-advocacy. *Journal of Applied Gerontology*, 35, 401-420. doi: 10.1177/0733464814527513.
- Ruggiano, N.**, Shtompel, N., & Edvardsson, D. (2015). Engaging in coordination of health and disability services as described by older adults: Processes and influential factors. *The Gerontologist*, 55, 1015-1025.
- Ruggiano, N.**, Taliaferro, J. D., Dillon, F., Granger, T., & Scher, J. (2015). Identifying attributes of relationship management in non-profit policy advocacy, *Journal of Policy Practice*. 14, 212-230. doi:10.1080/15588742.2014.956970.
- Shtompel, N., Fortuna, K., & **Ruggiano, N.** (2014). Negative feelings among older adults with chronic conditions. *Journal of Gerontological Social Work*, 57, 810-824. doi:10.1080/01634372.2014.898008.
- Perry, T., **Ruggiano, N.**, Shtompel, N., & Hassevoort, L. A. (2014). Applying Erikson’s wisdom to health self-management practices of older adults: Findings from two field studies. *Research on Aging*, 37, 253-274. doi:10.1177/0164027514527974.
- Ruggiano, N.**, Taliaferro, J. D., Dillon, F., Granger, T., & Scher, J. (2014). Networking for Policy Advocacy: Identifying Predictors of Advocacy Success among Human Service Organizations. *Human Services Organizations Management, Leadership & Governance*, 38, 89-102. doi:10.1080/03643107.2013.828005
- Ruggiano, N.** & Edvardsson, D. (2013). Person-centeredness in home- and community-based long-term care: Current challenges and new directions. *Social Work in Health Care*, 52, 846-861. doi:10.1080/00981389.2013.827145.
- Taliaferro, J. D. & **Ruggiano, N.** (2013). The “L” word: Nonprofits, language, & lobbying. *Journal of Sociology and Social Welfare*, 40, 151-169.

- Ruggiano, N.,** Brown, E., Hristidis, V., & Page, T. (2013). Adding home health care to the discussion on health information technology policy. *Home Health Care Services Quarterly* 32, 149-162. doi:10.1080/01621424.2013.813884.
- Ruggiano, N.,** Taliaferro, J. D., & Shtompel, N. (2013). Interorganizational partnerships as a strategy for lobbying: Nonprofit administrators' perspectives on collaborating for systems-level change. *Journal of Community Practice*. 21, 263-281. doi:10.1080/10705422.2013.811620.
- Page, T., Hristidis, V., **Ruggiano, N.** & Brown, E. (2012). The home care dashboard: Improving care delivery using health information technology. *Annals of Long-Term Care*, 20(12), 26-30.
- Ruggiano, N.,** Shtompel, N., Hristidis, V., Roberts, L., Grochowski, J., & Brown, E. (2012). Need and potential use of information technology for case manager-physician communication in home care. *Home Health Care Management & Practice*, 24, 292-297.
- Ruggiano, N.** & Taliaferro, J. D. (2012). Explaining Nonprofit Lobbying Using Resource Dependency & Agency Theories. *Journal of Policy Practice*, 11, 219-245.
- Ruggiano, N. (2012). Consumer direction in long-term care policy: Barriers to promoting older adults' opportunity for self-direction. *Journal of Gerontological Social Work*, 55, 146-159.
- Ruggiano, N. (2012). Intergenerational shared sites: An examination of socio-physical environments and older adults' behavior. *Research on Aging*, 34, 34-55.
- Ruggiano, N.** & Welch, B. (2011). Institutional Capacity for Volunteerism in Intergenerational Shared-Site Facilities. *Journal of Intergenerational Relationships*, 9, 250-263.
- Ruggiano, N. (2010). Grant and contract management within an intergenerational shared-site organization: a case study. *Journal of Applied Gerontology*, 29, 455-474.
- Taliaferro, J. D. & **Ruggiano, N.** (2010). "It's human beings talking to one another." The role of relationship building in nonprofit lobbying. *Prism*, 7(2), http://praxis.massey.ac.nz/prism_on-line_journ.html

Peer Reviewed Edited Works

- Ruggiano, N. (2012). Home care. In A.T. Carswell (Ed.) *The Encyclopedia of Housing*. Thousand Oaks, CA: Sage.

Conference Papers and Presentations

- Ruggiano, N.,** Ellis, T.,* Currington, A., Gibson, K., Turner, C., Smith, S., Phelps, C. (November 2018). Promoting Interprofessional Education through Social Work Student-Led Responses to Social Injustice. Paper presented at the annual meeting of the Council for Social Work Education, Orlando, Florida.
- Ruggiano, N.** (October 2018). Using Technology to Navigate Caregiving Systems: Current Trends and Caregiver Perspectives. Invited presentation at the annual caregiver conference for Alzheimer's of Central Alabama, Birmingham, AL.
- Ruggiano, N.** (October 2018). Dementia care: The Caregiver Experience. Invited presentation for the annual meeting of the Case Management Society of American – Birmingham Chapter, Birmingham, AL.

- Ruggiano, N.,** Brown, E., Clarke, Li, J., P., Roberts, L., & Hristidis, V. (September 2018). Integrating Communication and Information Technology into Dementia Caregiving: The Movement towards e-Caregiving. Paper presented at the 8th Aging & Society Interdisciplinary Meeting, Tokyo, Japan.
- Ruggiano, N.** (2018 March). Tips for Addressing Care Resistant Behaviors. Invited presentation for the Courageous Caregivers Conference, Sponsored by the City of Tuskegee and the South Central Alabama Development Commission, Tuskegee, AL.
- Ruggiano, N. (February 2018). Supporting Dementia Caregivers through Health Information Technology. Invited Presentation for the University of Alabama at Birmingham Division of Gerontology, Geriatrics & Palliative Care Grand Rounds, Birmingham, AL.
- Ruggiano, N.,** Brown, E., Clarke, P., Roberts, L., & Hristidis, V. (July 2017). Health Information Technology for Rural Caregivers: Intersecting Science, Policy and Practice. Poster presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Li, J., Brown, E., **Ruggiano, N.,** & Olenick, M. (2017, May). Smart phone technologies for dementia care: A systematic review. Poster presented at the Evidence Based Practice Nursing Research Council (EBPNRC) Nurses Week. Miami VA Healthcare System, Miami, FL.
- Ruggiano, N.,** Cheatham, L., & Simon, C. (April 2017). Finding Our Voice: Empowering Effective Social Justice Advocacy in Social Work. Presentation accepted for presentation at the annual conference of the National Association of Social Workers, Alabama Chapter, Tuscaloosa, AL.
- Ruggiano, N. (2017, March). Supporting and Educating Dementia Caregivers through Culturally Sensitive Information Technology (IT): The Care Heroes Web and Android Health IT App. Invited presentation for the Alabama Research Institute on Aging (ARIA) Seminar Series.
- Ruggiano, N. &** Perry, T. (January 2017). Sharing, combining, and archiving qualitative data: The current state of science and questions about ethics, feasibility, and analysis strategies. Poster presentation for the annual conference of the Society for Social Work Research, New Orleans, LA.
- Ruggiano, N. (January 2017). Coexisting in Intergenerational Shared Site Environments: Behaviors, Attitudes and Lessons Learned. Paper presentation for the annual conference of the Society for Social Work Research, New Orleans, LA.
- Ruggiano, N.,** Brown, E., Hristidis, V., & Clarke, P. (November 2016). Expanding Health Information Technology to Support Hispanic Caregivers and Improve Dementia Care. Paper presentation for the Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans, LA.
- Ruggiano, N.,** Schottefer, L., O'Driscoll, J., & Lukic, A. (November 2016). "Work As Long As You Can": Perceptions of Disability and Retirement among Minority Baby Boomers. Paper presentation for the Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans, LA.
- Doerner, J., Blowers, A., **Ruggiano, N.,** & Lukic, A. (November 2016). Older Prisoners and Health Self-Management: Policy, Practice, and Legal Issues. Paper presentation proposal for the 72nd meeting of the American Society of Criminology, New Orleans, LA.

- Ruggiano, N. (October 2016). Health Care Services for Spanish-speaking Populations: Language and Cultural Considerations. Guest lecture for University of Alabama School of Medicine, Effective Cross-cultural Communications in Clinical Settings Course.
- Ruggiano, N. (September 2016). Using Health Information Technology to Support Dementia Caregivers and Improve Dementia Care in Rural Areas: Care Heroes Web and Android App. Invited presentation for the University of Alabama's Project Sharing Opinions and Advice about Research (SOAR) in the Deep South, Meeting of the Sumter County Patient Advisory Board, Hill Hospital, York, AL.
- Ruggiano, N. (September 2016). Using Health Information Technology to Support Dementia Caregivers and Improve Dementia Care: Care Heroes Web and Android App. Invited presentation for the Behavioral Neurology & Neuropsychology Educational Conference, UAB Department of Neurology, Division of Memory Disorders and Behavioral Neurology, University of Alabama at Birmingham, Birmingham, AL.
- Ruggiano, N. (February 2016). Intersections of Transportation and Health among Older Adults with Chronic Conditions. Invited presentation by the Miami-Dade County Mayor's Initiative on Aging and the United Way of Miami-Dade County, Miami, FL.
- Ruggiano, N.,** Fujimoto, K., & Shtompel, N. (November 2015). Attributes and Role of Social Networks in Facilitating Older Adults' Health Literacy and Decisions. Poster presented at the annual scientific meeting of the Gerontological Society of America, Orlando, FL.
- Shtompel, N., Thomlison, B., & **Ruggiano, N.** (November 2015). Older Adults Training One Another: A Novel Approach to Cognitive Training. Poster presented at the annual scientific meeting of the Gerontological Society of America, Orlando, FL.
- Lukic, A., & **Ruggiano, N.** (November 2015). Advancing our Understanding of Aging Prisoners: Intersections of Policy, Practice, and Research. Poster presented at the annual scientific meeting of the Gerontological Society of America, Orlando, FL.
- Ruggiano, N. (September 2015). *Older Adults' Experiences with Chronic Health Self-management. Intersections of Research, Policy and Practice.* Continuing education workshop provided through the Robert Stempel College of Public Health and Social Work, Miami, FL.
- Ruggiano, N.,** Chirito, F., O'Driscoll, J., Lukic, A., & Sias, K. (April 2015). *Growing Older in Miami: Perspectives and Concerns from a Diverse Sample of Urban Baby Boomers.* Paper presented at the annual meeting of the Urban Affairs Association, Miami, FL.
- Spadola, C., Wagner, E., **Ruggiano, N.,** Vidot, D., de la Cruz-Monoz, & Messiah, S. (April 2015). *Urban, Young Adult Bariatric Surgery Patients: Post-Operative Alcohol Use, Depression and Anxiety.* Paper presented at the annual meeting of the Urban Affairs Association (Special Track on Urban Health), Miami, FL.
- Sias, K., & **Ruggiano, N.** (April 2015). *Addressing Intimate Partner Violence in Urban Environments: A New Paradigm.* Paper presented at the annual meeting of the Urban Affairs Association, Miami, FL.
- Ruggiano, N.,** Perry, T., Shtompel, N., & Hassevoort, L. A. (November 2014). *Using Erikson's theory to understand health self-management: Findings from two field studies.* Paper presented at the annual scientific meeting of the Gerontological Society of America, Washington DC.

- Ruggiano, N.,** Leghning, A., & Greenfield, E. (October 2014): *Aging your way: Advancing social work education and practice*. Invited panelist for the Council on Social Work Education (CSWE) Geron-Ed Kickoff Event, Annual Meeting of the CSWE, Tampa, FL.
- Holstein, M., Knobel, P., Horwitz, M., & **Ruggiano, N.** (2014, May). *Society, aging and our responsibility: Ethical decision making*. Invited panelist for the 19th Annual Ministering to the Elderly Conference, Miami, FL.
- Ruggiano, N.,** Sias, K., & Fortuna, K., & Shtompel, N. (March 2014). The Role of Transportation in Health Self-Management among Older Adults with Chronic Conditions Living in South Florida. Paper presented at the annual program meeting of the Urban Affairs Association, San Antonio, TX.
- Ruggiano, N.,** Shtompel, N., & Edvardsson, D. (2013, November). *More than self-management: Older Adults as co-facilitators of care coordination of health and disability services*. Paper presented at the annual scientific meeting of the Gerontological Society of America, New Orleans, LA.
- Ruggiano, N. (2013, November). *Advocacy and opportunities for older adults: The Affordable Care Act*. Invited presentation for Jewish Community Services, Miami, FL.
- Ruggiano, N. Brown, E., Page, T., & Hristidis, V. (2013, October). *Using health information technology in the home care setting: Intersections of practice and policy*. Invited presentation at the National Aging Services Risk Management Conference, Chicago, IL.
- Ruggiano, N. (2013, February). The United Way Advocacy Survey. Invited presentation for the United Way of Florida's Governing Board, Orlando, FL.
- Ruggiano, N. (November 2012). Integrating person-centeredness into home care: Conceptual, practical, and methodological issues. Paper presented at the annual meeting of the Gerontological Society of America, San Diego, CA.
- Taliaferro, J. D. & **Ruggiano, N.** (2011, March). Nonprofit lobbying and resource dependency theory. Paper presented at the annual meeting of the Urban Affairs Association, New Orleans, LA.
- Ruggiano, N.** & Saltman, D. (2010, April). *The status of older adults in Miami-Dade County: Current trends and available home and community-based services*. Invited presentation for the United Way of Miami-Dade County.
- Ruggiano, N. (2010, February). *Consumer directed home and community-based services for older adults. Current issues and future directions*. Invited presentations for the Alliance for Aging, Miami.
- Ruggiano, N. (2009, November). *Older Adults as Organizational Resources: A Case Study in Intergenerational Volunteerism*. Paper presented at the annual meeting of the Association for Research on Nonprofit and Voluntary Action, Cleveland, OH.
- Ruggiano, N. (2008, March). *Integrating youth and older adult services in the nonprofit sector: A case study of an intergenerational human service organization*. Paper presented at the annual meeting of the Urban Affairs Association, Chicago.
- Ruggiano, N. (2008, August). *Finding Out What Students Already Know and What They Bring to the Course*. Presentation given at the Annual Conference for Teaching Assistants, University of Delaware, Newark, DE.

Ruggiano, N. (2008, April). *Using Intergenerational Solutions to Meet the Social Service Demands in Aging Urban Communities: The Philadelphia Experience*. Paper presented at the 38th Annual Meeting of the Urban Affairs Association, Baltimore, MD.

Ruggiano, N. (2007, November). *Intergenerational Human Service Organizations in the Formal Care Sector: A Case Study*. Presentation given at the Annual Research Symposium of the School of Urban Affairs and Public Policy, University of Delaware, Newark, DE.

Ruggiano, N. (2007, November). *Migration, Elderly Concentration, and Old Age Support*. Paper presented at the 37th Annual Meeting of the Urban Affairs Association, Seattle, Washington.

Reports

Brown, E.L, Page, T.F, Roberts, L., **Ruggiano, N.**, Hristidis, V., & Whiteman, K. (August, 2015). *Homecare Continuation Dashboard (now known as CARE HEROES) Web and Android Application: A Pilot Study*. Final Report for State of Florida. Miami, FL: Florida International University.

Ruggiano, N. Schotthoefer, L., O’Driscoll, J., & Lukic, A., (2015, July). *Looking Forward: Perspectives of Retirement among Baby Boomers in Miami-Dade County*. Miami, FL: Florida International University.

Ruggiano, N. & Taliaferro, J.D. (2013, February). *The United Way Advocacy Survey*. Miami, FL: Florida International University.

Ruggiano, N. (2008, November). *An Assessment of the Hispanic Community in Delaware: Supplemental Report Presented to the Governor’s Consortium on Hispanic Affairs*. Newark, DE: Center for Community Research and Service, University of Delaware.

Salt, J., Cooksy, L., Dunson, M., **Ruggiano, N.**, Haberkorn, J. & Uribe-Zarain, X. (2005, August). *Families & Communities Together: Key Findings and Recommendations from the Evaluation of Delaware’s Child Mental Health Grant Initiative*. Newark, DE: Center for Community Research and Service, University of Delaware.

Ackerman, C., Dunson, M., Salt, J. **Ruggiano, N.** & Uribe-Zarain, X. (2005, August). Progress and Outcomes among Children Served by the F.A.C.T. Project,” *An Evaluation of Delaware’s Child Mental Health Grant Initiative: Compendium of Final Technical Reports*. Newark, DE: Center for Community Research and Service, University of Delaware.

Ruggiano, N., Dunson, M & Salt, J. (2005, August). *Satisfaction with Planning and Services in the F.A.C.T. Project. An Evaluation of Delaware’s Child Mental Health Grant Initiative: Compendium of Final Technical Reports*. Newark, DE: Center for Community Research and Service, University of Delaware.

Cooksy, L., Salt, J., Parker, K. Dunson, M. & **Ruggiano, N.** (2004, August). *Key Findings and Recommendations from the Evaluation of Delaware’s Child Mental Health Grant Initiative*. Newark, DE: Center for Community Research and Service, University of Delaware.

Manuscripts in Preparation

Ruggiano, N., Ellis, T., Gibson, K., Smith,S., Turner, C., Curington, A., Phelps, C., Ferruccio, A., & Fendley, K. (under review). Using Student-led Community Organizing Efforts to Advance Public Discourse on Social Justice: The Unity Wall Project.

Hao, Z. & **Ruggiano, N.** (under review). Family-Centeredness in Dementia Care: What is the Evidence?

- Ruggiano, N.** & Williams, J. (under review). The DSW Practice Doctorate: Opportunities and Challenge for Advancing Gerontological Research, Education, and Services.
- Shtompel, N., **Ruggiano, N.**, & Thomlison, B. (under review). Dyadic, Self-Administered Cognitive Intervention for Healthy Older Adults: Participants' Perspectives.
- Ruggiano, N.**, Pilonieta, G., Brown, E., Geldmacher, D., Li, J., Clark, P., Hristidis, V., & Bertram, J. (in preparation). Coping with Burden by Helping Others: A Paradox among Dementia Caregivers.

Creative Works – Dementia Caregiver Educational Videos

1. *Preparing for a Medical Visit with Someone Who Has Dementia*-(English version)
2. *Preparandoes para la cita con el medico* - (Spanish version)
3. *Caring for the Caregiver* – (English version)
4. *Cuidando al que Cuida* – (Spanish version)

Book Reviews

Ruggiano, N. (2009). Seen but not heard, Strengthening nonprofit advocacy,” by Bass, Arons, Guinane, Carter & Rese. (Book Review). *Journal of Policy Practice*. 8(2), 179-183.

Ruggiano, N. (2008). Tools of the trade: Useful management resources for workplace accountability. (Book Review), *Public Performance and Management Review*, 30(4), pp. 630-637.

TEACHING AND DOCTORAL STUDENT SUPERVISION

Courses Taught at the Doctoral Level

- Social Welfare Policy and Services
- Research, Theory, and Practice with Communities and Organizations
- Social Welfare Research Methodology (Qualitative Research)
- Special Topic: Health, Technology, and Society

Courses Taught at the Master's Level

- Advanced Social Welfare Policy Analysis
- Social Work in Health Care
- Social Service Program and Agency Administration
- Social Welfare Policy and Services (Upper-level; Focus on health policy)
- Social Work Practice with Communities and Organizations

Courses Taught at the Undergraduate Level

- Social Welfare Policy and Services (Upper-level and Introductory, online and in-person)
- Social Work Practice with Communities and Organizations
- Social Work Research Methods
- Leadership: Gender and Policy Studies
- Introductory to Leadership in Communities and Organizations
- Introduction to Women's Studies

Dissertations Committee Chair

- Amary Alcide. *Psychosocial Problems: Hospice Home Care for Adults in the United States*. Graduated.

Dissertation Committee Member

- Shanae Shaw. *Title TBD*. (University of Alabama)
- Billie (Michelle) Brazeal. *Integrated Health and The Social Worker's Role in Chronic Disease Management*. (University of Alabama)
- Karen Whiteman. *Influence of Gender and Life Stressors on Longitudinal Depression Treatment Outcomes among Older Primary Care Patients*. Graduated.
- Christine Spadola. *A Mixed-Methods Exploration of Alcohol Use Patterns among Young Adult, Ethnically Diverse Bariatric Surgery Patients*. Graduated.
- Maya Boustani (Department of Psychology). *Sexual Health Programming for Youth in or at Risk for Foster Care*. Graduated
- Natalia Shtompel. *Home-Based Dyadic Cognitive Training for Healthy Older Couples: A Randomized Controlled Trial*. Graduated
- Kathy Sias. *Exploring The Impact Of Adverse Childhood Experience On Intimate Partner Violence Behaviors*. Expected Graduation August 2017.
- Sharon Arron. *Male Batterers' Self-Reported Risk Factors and Relationship to a Mandated Model*. Expected Graduation August 2017.

AWARDS, FELLOWSHIPS, AND ACKNOWLEDGEMENTS

APSA Congressional Fellow Program Health and Aging Policy Fellow, 2018-2019

Resource Center for Minority Research on Aging Center (RCMAR) Scholar, 2017-2018

Dean's Award for Research, Teaching, and Service, University of Alabama, 2018

Selected as a 2014 TEDxFIU speaker: <https://www.youtube.com/watch?v=Hu2EdU86SMM>

Loan Repayment Program Award, National Institutes of Health (Two awards), 2012-2014, 2014-2015

Top Scholar Award – Burgeoning Faculty with Significant Research, Florida International University, 2012

Hartford Faculty Scholar, The John A. Hartford Foundation (Managed by the Gerontological Society of America), 2011-2013

PROFESSIONAL DEVELOPMENT/TRAINING

Health Disparities Research Training Award Certificate Program (HDRTP), UAB Minority Health & Health Disparities Research Center (MHRC), 2017-2018.

Inter-university Consortium for Political and Social Research, Summer Training on Structural Equation Modeling, June 2013

Policy Leadership Institute, Hartford Foundation/Gerontological Society of America, October 2012

Social Work Teaching Institute, Stanford University, May 2012

Eighth Annual Institute on Aging and Social Work (Competitive National Institute on Aging Supported Training Institute)

Higher Education Teaching Certificate, University of Delaware, Newark, DE

SERVICE AND ACTIVITIES

Activities and Service for Professional and Academic Organizations

Appointed Member, Resource Center for Minority Research on Aging Center (RCMAR) Scholar Scientist Advisory Group, 2019

Tenure External Reviewer, 2017, 2018

Gerontological Society of America

- Member since 2009
- Abstract Reviewer for Annual Scientific Program Meeting
- Annual Scientific Meeting Symposium Chair, November, 2012, 2013, 2016
- Application Reviewer for the Careers in Aging Week Award, 2013

International Association of Gerontology and Geriatrics, Abstract Reviewer for the 2017 World Congress

AGE-SW, Co-Leader for the Dementia Networking Group, 2016 - Present

John A. Hartford Foundation Alumni Network, Liaison for the Disability and Aging Group, 2012-2016

Urban Affairs Association

- Member since 2006
- Chair of the Local Host Committee for their 2015 Annual Program Meeting in Miami
- Organized a Special Track on Urban Health for the 2015 APM

NASW and the John A. Hartford Foundation: Workshop facilitator for the Supervisory Leaders in Aging Program, 2016-Present

Service to Academic Journals

Member of the Editorial Board, *Home Health Care Management & Practice*, 2015 - Present

Ad-hoc Journal Reviewer:

- *Administration and Policy in Mental Health and Mental Health Policy Research*, 2014
- *Geriatrics and Gerontology International*, 2016
- *Home Health Care Management & Practice*, 2013, 2015
- *Human Service Organizations. Management, Leadership & Governance* (formerly *Administration in Social Work*) 2013 – 2014
- *International Journal of Medical Informatics*, 2018
- *International Journal of Social Work*, 2010, 2014
- *International Journal of Psychiatry in Medicine*, 2017
- *Journal of Applied Gerontology*, 2015
- *Journal of Policy Practice*, 2015
- *Journal of Gerontological Social Work*, 2011-2017
- *Nonprofit and Voluntary Sector Quarterly*, 2014-2015
- *Social Work in Health Care*, 2015, 2019

University of Alabama

- Alternate Representative, Faculty Senate
- Representative, Non-medical IRB

University of Alabama School of Social Work

- Member, Ad Hoc Culture of Research Advisory Committee
- Member, MSW Program Committee
- Member, SSW Field Program Committee

Florida International University

- Member, Sustained Performance Review Ad Hoc Committee
- Alternate IRB Representative, Health Sciences

FIU Robert Stempel College of Public Health and Social Work (RSCPHSW)

Member, College Committee for Developing Research Strategic Plan
Coordinator, Initiative in Support for Healthy Aging Research and Education, 2014-2016
Member, Research Committee, May 2011-2016

FIU Florida International University School of Social Work (SSW)

Field Instructor Trainer, 2014-2016
Chair, Student Review and Termination Committee, 2014, 2015
Member, Diversity Curriculum Committee, 2015-2016
Member, Research Curriculum Committee, 2014-2016
Chair, Faculty Search Committee, Fall 2014-Spring 2015
Member, Faculty Search Committee, Fall 2012-Spring 2013
Chair, Ph.D. Policy Course Committee, May 2011-2016
Member, Ph.D. Recruitment Committee, Fall 2009 – 2016
Faculty Chaperone, NASW Lobby Day in Tallahassee, 2010, 2011, 2014
Ph.D. in Social Welfare Program Self-Study, 2009-2010
Member, Policy Sequence Curriculum Committee, Fall 2009 – 2016

FIU Herbert Wertheim College of Medicine

Member, Faculty Search Committee, Spring 2015
Member, FIU Institute on Aging and Health Steering Committee, 2015

Service to the Community

United Way of Miami-Dade County, Appointed member to the Older Adults Initiative Advisory Group, October 2010-2016
Alliance for Aging (Area Agency on Aging for Dade and Monroe Counties), Older Americans Act RFP reviewer, 2010
Alliance for Aging and Jewish Community Services, provided workforce development training on multiple occasions.

News Outlets and Other Media

Media Featuring My Research Activities

Enoch, E. (2018, December 25). UA researcher to test dementia caregiver app. *Tuscaloosa News*. (Front Page Story) <https://www.tuscaloosanews.com/news/20181224/ua-researcher-to-test-dementia-caregiver-app>

Williams, D. L. (2018, December 12). University of Alabama, Florida International working on app for dementia patients. WVUA 23 Evening News.

<https://wvua23.com/university-of-alabama-and-florida-international-working-on-app-for-dementia-patients/>

WBRC Fox 6 News Birmingham. (2018 December 10). Dementia app for caregivers. Evening News *On Your Side* feature.

Carlisle, J. (2017 October 19) New technology to assist local caregivers. *The Tuskegee News*.

Doin' the Work Podcast Series. Episode No. 3: Nicole Ruggiano, PhD, MSW.

<https://www.stitcher.com/podcast/doin-the-work/e/53945858>

Veciana-Suarez, A. (2015, June 26) New generation redefines retirement as older workers stay on job. *The Miami Herald*.

<https://www.miamiherald.com/living/article25725883.html>

Quoted as a Source

Williams June, A. (2018, July 11). A Professor Faked an Offer Letter to Get More Money. What's a Better Way? *The Chronicle of Higher Education*.

<https://www.chronicle.com/article/A-Professor-Faked-an-Offer/243903>

Burch, A. D. S. (2013, May 2). FDA rule on morning-after pill draws strong reaction. *The Miami Herald*. <https://www.miamiherald.com/living/article1950967.html>

Lantigua, J. (2012, October 8). Independent fact-checkers: Romney's claim that Obama would encourage more to go on welfare is false. *The Palm Beach Post*.