## EDUCATION AND PROFESSIONAL HISTORY

## Education

2006 - 2008	Master of Arts, University of Iowa, School of Social Work
2004 - 2006	Bachelor of Arts, University of Iowa, College of Liberal Arts,
	Major: Social Work
2001 - 2004	Associate of Arts, Kirkwood Community College
	Major: Liberal Arts

#### Licensures

State of Iowa, #007155, expires 12/2020 State of Alabama, #4407G, expires 3/2020

# Professional and Academic Positions

# University of Alabama, School of Social Work (UA SSW), Tuscaloosa, Alabama

<u>Instructor and Continuing Education Coordinator</u> January 2018 – present

# **Courses Taught**

# Spring 2020

- Geriatric Care Management\* (online, Graduate)
  \*In the process of revising course content for Spring 2020 launch
- Death, Dying, and Bereavement(Undergraduate)

#### Fall 2019

- Growing Old in America (online, Undergraduate)
- Death, Dying, and Bereavement (Undergraduate)

## Summer 2019

- Growing Old in America (online, Undergraduate)\*
  \*Revised course content for Summer 2019 launch
- Planning and Program Development in Social Service Agencies (online, Graduate)

## Spring 2019

- Growing Old in America (online, Undergraduate)
- Volunteerism in Human Services

## Fall 2018

- Planning and Program Development in Social Service Agencies (online, Graduate)
- Human Behavior in the Social Environment I (Undergraduate)

## Summer 2018

## Online Courses:

- Growing Old in America (undergraduate)
- Planning and Program Development in Social Service Agencies (graduate)

# University of Iowa (UI), Carver College of Medicine, Division of Child and Community Health, Child Health Specialty Clinics (CHSC), Iowa City, Iowa

Program Manager, Iowa Regional Autism Assistance Program (RAP)

January 2014 – December 2017

## University of Iowa (UI), School of Social Work, Iowa City, Iowa

Adjunct Instructor (June – December 2017)

Practicum/Field Instructor (August 2009 – December 2017)

# Kirkwood Community College, Business and Informational Technologies, Cedar Rapids, Iowa

Adjunct Instructor Fall 2017

# UI, Center for Disabilities and Development, Iowa City, Iowa

<u>Clinical Faculty/Training Director</u> August 2015 – December 2017

# UI, College of Nursing, Iowa City, Iowa

Clinical Faculty Mentor

August 2015 – May 2018

Doctorate Advanced Registered Nurse Practitioner (DNP) students interested in systems-level experiences.

2015-16
V. Kimm Degree Conferred
E. Heying Degree Conferred
J. Permeswaran, Degree Conferred

# Iowa City Hospice, Iowa City, Iowa

Admissions Coordinator/Caregiver Support Group Facilitator/Community Educator September 2011 – December 2013

# UI, Child Health Specialty Clinics (CHSC), Iowa City, Iowa

<u>Program Coordinator</u> - Early Hearing Detection and Intervention (EHDI) February 2009 - September 2011

## Iowa Hospice, Muscatine, Iowa

Regional Branch Manager May 2008 – January 2009

## UI, School of Social Work

<u>Graduate Research Assistant</u> (Faculty: Sara Sanders, <u>sara-sanders@uiowa.edu</u>) Aug 2006 – June 2008

<u>Graduate Research Assistant</u> (Faculty: Mercedes Bern-Klug, <u>mercedes-bern-klug@uiowa.edu</u>) Aug 2007 – June 2008

Graduate Research Assistant (Faculty: Pamela Noel, deceased)
May 2007 – August 2007

## Elder Services, Inc., Iowa City, Iowa

<u>Family Caregiver Specialist</u> – Served three rural counties January 2008 – May 2008

## UI, Center on Aging, Iowa City, Iowa

Interdisciplinary Aging Graduate Fellow August 2007 – June 2008

## UI, School of Social Work

Scholar with the Practicum Partnership Program - now called the Hartford Partnership Program for Aging Education (HPPAE) – funded through the John A. Hartford Foundation August 2007 – June 2008

# Elder Services, Inc.

<u>Undergraduate practicum site</u> January – May 2006, *part-time* 

# Johnson County Council of Government (JCCOG), Iowa City, IA

<u>Human Services Intern</u> August 2005 – July 2006

# UI, National Advanced Driving Simulator, Iowa City, Iowa

Program Coordinator August 2001 – May 2004

## SCHOLARSHIP AND PROFESSIONAL PRODUCTIVITY

## **Publications**

## **Journal Articles**

Sanders, S. and Swails, P. 2011. A Quest for Meaning: Hospice Social Workers and Patients with End-Stage Dementia. *Social Work*, 56(2), p. 129-140.

Sanders, S., Butcher, H., **Swails, P.**, and Power, J. 2009. Portraits of Caregivers of End-stage Dementia Patients Receiving Hospice Care. *Death Studies*, 33, 521-556.

Sanders, S. and Swails, P. 2007. Caring for Patients with End-Stage Dementia at the End-of-Life: A Specific Focus on Hospice Social Workers. *Dementia*, 8, 117-138.

# Educational Resource Guides

Dohrmann, J., Yeggy, L., **Swails, P.**, Sanders, S., et al. 2010. Dementia Care: A Guide for Individuals, Families and Caregivers. (revised version of Providing Care Through the Course of Dementia: A Guide for Caregivers), Iowa City Hospice.

**Swails, P.**, Sanders, S. and Dohrmann, J. 2007. Providing Care Through the Course of Dementia: A Guide for Caregivers, Iowa City Hospice.

## Other Publications

## **Invited Poster Sessions**

**Swails, P.,** Swanson-Holm, R. and Hertel, E. *The Iowa Regional Autism Assistance Program: Transforming the System of Care for Today's Children, Youth and Families.* Presented at the Annual Conference for the Association of Maternal & Child Health Program (AMCHP), Washington, D.C. April 2016.

Sanders, S. and Swails, P. Portraits of End-Stage Dementia Caregivers. Presented at the Annual Conference of the Society for Social Work and Research (SSWR), Washington, D.C. January 2008.

# **Newsletter Articles** (*Invited to submit*)

Pelzel, K. and Swails, P. Navigating the Diagnostic Course for Autism Spectrum Disorder. Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Care for Kids Newsletter, 23(1), Winter 2016.

**Swails, P.** and Lindgren, S. Emerging Technologies in Autism Treatment, Training, and Systems Building: Snapshots from Autism CARES Grantees: Iowa-Increasing Access to Telehealth for Specialty Care. *Association of Maternal Child Health Programs, PULSE*, March/April 2016.

# Invited Lectures and Presentations National

**Swails, P.** & Hanley, M. Peer Exchange: The Evolution of Family Navigation and Engagement in ASD/DD Systems of Care. Invited by AMCHP to present to Current and Former Federal State Grantees on Iowa's Family Navigator Network. Warwick, Rhode Island, June 2017.

- **Swails, P.**, Swanson-Holm, R. & Gallegos, Jessica. The Iowa Regional Autism Assistance Program: Engaging Effective Partnerships to Enhance Systems of Care While Building Sustainable Programs. Invited by AMCHP to present at their Annual Conference, Kansas City, MO, March 2017.
- **Swails, P.** Shared Resource: Iowa Child Health Connections. Invited by AMCHP to present to State Grantees on the successful collaboration and integration of resources with the Systems Implementation Grant team through the IDPH. Richmond, VA, June 2016.
- **Swails, P.** and Swanson-Holm, R. Peer Learning: A Complimentary Exchange Between Iowa and Massachusetts. Invited by AMCHP to present to State Grantees. Richmond, VA, June 2016.
- Sanders, S. and **Swails. P.** Role of Hospice Social Workers with Family Caregivers of Persons with Dementia. Presented preliminary research results at the 14<sup>th</sup> Annual Dementia Care Conference, Atlanta, GA, September 2006.

#### State

- **Swails, P.**, Hertel, E. & Swanson-Holm, R. (April 2016). *Transforming the System of Care for Children, Youth, and Families: The Iowa Regional Autism Assistance Program.* Presented at the Iowa Governor's Conference on Public Health, Des Moines, IA.
- **Swails, P.**, Hertel, E. & Underwood-Levin, T. (April 2015). Advancing Iowa's System of Care for Children and Youth with Autism Spectrum Disorder and their Families. Presented at the Iowa Governor's Conference on Public Health, Cedar Rapids, IA.
- Swails, P. & Sanders, S. (May 2008). Family portraits: Caregivers of hospice patients with dementia. Presented at the Iowa Governor's Conference on Aging, Des Moines, IA.
- Bern-Klug, M., & Swails, P. (May 2008). The dynamics of nursing home social work. Iowa Governor's Conference on Aging, Des Moines, IA.
- Bern-Klug, M., Swails, P., & Saunders, J. (May 2007). The importance of preparing social workers to help nursing home residents and family members on their journey: Results from the National Nursing Home Social Services Director Study. Iowa Governor's Conference on Aging, Des Moines, IA.

#### Other Presentations

- **Swails, P.** and Underwood-Levin, T. Review of Autism Awareness, Screening, Referral Sources for Family Support, and Treatment Options. Grand Rounds to pediatric providers. Blank Children's Hospital, Des Moines, IA, Sept 2016
- **Swails, P.** and Swanson-Holm, R. *Iowa Regional Autism Assistance Program* Seminar for ILEND Interdisciplinary Fellows, Sept 2016
- **Swails, P.** Innovation in Care Integration for Iowa's Children and Youth with Autism Spectrum Disorders and Other Developmental Disabilities Program. Invited to present information to the Iowa Autism Council, Des Moines, IA, June 2016
- **Swails, P.** and Underwood-Levin, T. *Autism 101*. Invited by IDPH's 1<sup>st</sup> Five program to collaborate and present to community and educational service providers and family caregivers. Two presentations in the same day; afternoon and evening. Muscatine, IA, May 2016
- **Swails, P.** The Iowa Regional Autism Assistance Program. Contacted by Managed Care Organization (MCO) to present on program to explore integrating care coordination and family support services offered by RAP with the MCO. Iowa City, IA, March 2016.
- **Swails, P.** The Iowa Regional Autism Assistance Program. Autism Day on the Hill. Invited by the Autism Society of Iowa to share information with legislators, family members, and service providers. Des Moines, IA, Feb 2015 & 2016.
- **Swails, P.** The Iowa Regional Autism Assistance Program. Invited by Drs. Todd Kopelman and Kelly Pelzel to be guest lecturer for graduate-level course. University of Iowa, Center for Disabilities and Development. Iowa City, IA, December 2015.

- **Swails, P.** Advancing Iowa's System of Care for Children and Youth with Autism Spectrum Disorder and Other Developmental Disabilities and Their Families. Invited by IDPH Dental Director, Dr. Bob Russell, DDS, to explore integrating oral health with autism services. Iowa City, IA, December 2015.
- **Swails, P.** Advancing Iowa's System of Care for Children and Youth with Autism Spectrum Disorder and Other Developmental Disabilities and Their Families. Invited to present information to the Iowa Autism Council. Des Moines, IA, June 2015.
- **Swails, P.**, Hertel, E. and Underwood-Levin, T. Advancing Iowa's System of Care for Children and Youth with Autism Spectrum Disorder. Invited to present to the ILEND trainees. Iowa City, IA, April 2015.
- Huber, L., **Swails, P.**, and Hertel, E. *The Iowa Regional Autism Assistance Program:*Connecting Children and Families with Autism Spectrum Disorder to Community Resources.
  Invited to present during a brown bag luncheon with faculty and staff from the Center for Disabilities and Development. Iowa City, IA, Feb 2014.
- **Swails, P.**, Gehlbach, R. and Osterhaus, J. *Impact of Caregiving: What Makes Your Experience Unique?* Caregiver Retreat. Rock Island, IL, August 2007.
- Sanders, S., Dohrmann, J. and **Swails, P.** *Train the Trainer*, Co-presented to statewide hospice professionals the curriculum for *CALM* volunteer training held at the Iowa Hospital Organization. Des Moines, IA, March 2007.

## PROFESSIONAL SERVICE

2018 to present Continuing Education Program Committee, Chair

2018 to present Diversity Committee Member

2018 to present Public Relations and Event Planning Committee Member

2018 to present MSW Program Committee Member

2018 to present Faculty Liaison for MSW Students in Field/Practicum

#### National

2015 – 2017 Autism CARES National Conference Planning Committee Member

## University of Iowa, Division of Child and Community Health, CHSC

2015 - 2017	National Autism Leadership Summit National Workgroup
2015 - 2017	National Autism Leadership Committee

2015 – 2017 Iowa Autism Symposium Planning Committee, Chair

2015 – 2017 Iowa State Strategic Planning Committee, Autism Services in Iowa, Co-chair.

2014 – 2017 Iowa RAP, Facilitator of the RAP Expert Panel Committee

2014 – 2017 UI Children's Hospital – Autism Center, Advisory Committee Member

2014 – 2017 Iowa Autism Council, Invited Participant to quarterly meetings

2010 – 2011 Early Hearing Detection and Intervention State Advisory Member 2010 – 2011 IDPH Governor's Annual Conference Planning Committee

# University of Iowa, School of Social Work

2008 – 2017 Clinical Supervisor & Field Instructor for MSW students

# University of Iowa, College of Nursing

2015 – 2018 Clinical Faculty Mentor for Doctorate Advanced Registered Nurse Practitioner (DNP) students interested in systems-level experiences.

## Community

2011 - 2012	Johnson County Board of Supervisors, Aging Policy Board Member (appointed)
2009 - 2017	Trinity United Methodist Church, Riverside, Pianist/Musician
2007 - 2012	West Liberty Voices Unlimited – Volunteer pianist for high school show choir
2005 - 2011	Iowa City Hospice Volunteer

2004 – 2009 West Liberty Voluntary Action Council Member

## **GRANTS AND CONTRACTS**

## State

- Iowa Department of Education (IDOE) *Autism Services*\$154,975 Role: Program Manager-Served as departmental liaison to implement contract deliverables, develop annual contract, and assure project deliverables are met.
- Iowa Department of Public Health (IDPH) Child Autism Spectrum Disorder \$400,000 Role: Program Manager. State-legislative appropriated contract renewed annually via legislation. Managed daily operations of RAP and adhere to contract reporting guidelines to meet project deliverables, updating legislators accordingly.

#### **Federal**

Peer Exchange: The Evolution of Family Navigation and Engagement in ASD/DD Systems of Care. \$7,500, June 2017. Funding source: AMCHP, State Public Health Autism Resource Center (SPHARC). Role: Program Manager. Monies awarded for 4 project team members to attend learning collaborative in Warwick, Rhode Island.

Improving Services for Iowa's Young Children with Autism Spectrum Disorder and Other Developmental Disabilities. Awarded through competitive application process. \$591,607, Sept 1, 2014 – March 31, 2017. Funding source: US Department of Health and Human Services, Association of Maternal Child Health Programs (AMCHP), Health Resources and Services Administration (HRSA). Role: Program Manager.

Peer Exchange: Addressing Gaps in ASD/DD Diagnosis. Awarded through competitive application process. \$6,000, June 2016. Funding source: AMCHP, State Public Health Autism Resource Center (SPHARC). Role: Program Manager. Monies awarded for 2 project team members to attend learning collaborative in Richmond, VA.

Massachusetts Act Early – Considering Culture Curriculum. Awarded through competitive application process. \$6,000, May 2016. Funding source: AMCHP, SPHARC. Role: Program Manager. Monies to travel to Boston, MA to collaborate with Act Early team members in collaboration with the Federation for Children with Special Needs and the Center for Family Navigation and Comm Health Promotion at Boston Medical Center.

Iowa Act Early. Ambassador awarded to Iowa through a competitive application process. \$6,000 - May 1, 2016 - April 30, 2018. Funding source: Collaboratively on behalf of the Centers for Disease Control and Prevention's (CDC) National Center on Birth Defects and Developmental Disabilities, HRSA Maternal and Child Health Bureau, the Association of University Centers on Disabilities, and AMCHP. Role: Program Manager.

Considering Culture in Autism Screening and Systems of Care. Awarded through competitive application process. \$6,000 - June 2015. Funding source: AMCHP, SPHARC. Role: PI & Program Manager. Monies awarded for 2 project team members to travel MA to attend Annual Summit.